Chalkboard Poster—Really Works! ★ Fiction Contest Winners

September/October 2014

American Girl

americangirlmagazine.com

6 sweet and simple recipes

* Great stuff to do after school
* Spooky hair accessories

Plus!
The truth about cheating in class

ADVERTISEMENT

New puzzles and crafts add pop to playtime

American Girl
BRAIN BENDER
Crosswords, Mazes, Search
Riddles, and More Puzzle
American Girl
PUZZLE PALOOZA
Solve cool crosswords, wild word games, surprising searches, and more!
sparkle days
To fill in this crossword, think about the things in life that sparkle and shine!
Across
2. large yellow flowers that face the light
4. the color of a penny
6. celestial orbs that glimmer in the night sky
Down
1. pieces of glass-like material used for watch faces and 4 down
2. handheld fireworks on sticks that emit glittery flames
NEW!
8+

These books encourage girls to bend their brains, flex their logic, stretch their problem-solving skills, and celebrate life's exciting moments with cool crosswords, wild word games, surprising searches, and more!

Creating extra-special greeting cards to celebrate every occasion is as easy as gluing on glitter and popping up the pictures.

American Girl®

Discover these fun new books at the American Girl store nearest you, online at americangirl.com, or at your local bookstore.
Must be at least 18 years of age to purchase online.

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Cover Credits: Wardrobe styling: Aubre Andrus. Hair: Gina Barrington.

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AMERICAN GIRL IS PUBLISHED BY
AMERICAN GIRL PUBLISHING
8400 Fairway Place
Middleton WI 53562
E-mail address: readermail@americangirl.com
americangirlmagazine.com

Recommended by Parents' Choice, 2014

The National Magazine Awards Finalist

American Girl®

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Volume 22, Number 5

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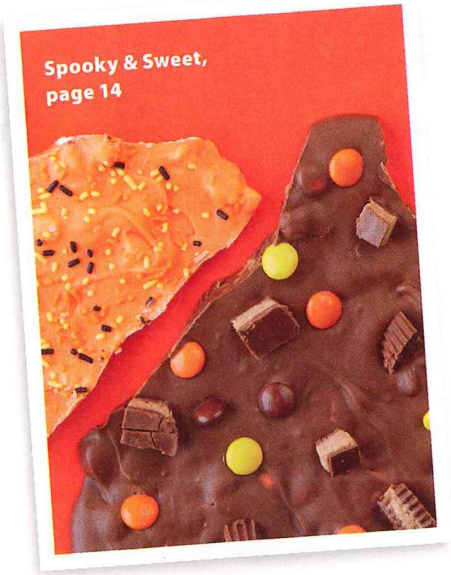

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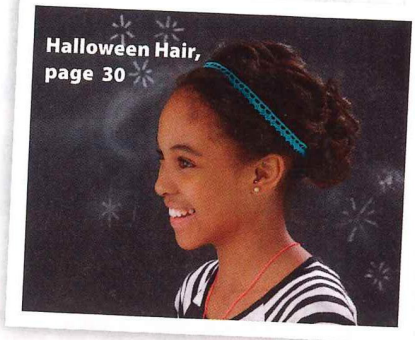

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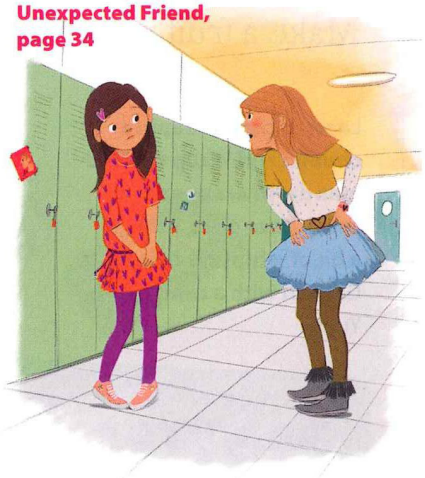

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Plus AG's Chalkboard Poster

Safety first!

Some of our projects and activities require an adult's help.
When you see this symbol, be sure to ask an adult to work with you.

Cover photo: Steven Talley

Girls EXPRESS®

Corn-y Concoction

Make a fruit parfait inspired by Halloween candy corn!

Layer ½ cup **pineapple chunks** and ½ cup **canned mandarin oranges** in a small, clear glass. Add a bit of **whipped cream.** Garnish with a **candy corn.** Yum!

Meet an AG Reader

Ella S.

Age 11, New Jersey

In my free time, I like to make bracelets, watch TV, and write stories. I'm also on two soccer teams, and I take dance five days a week.

My favorite snack: sliced apples and Nutella.

I can't live without my tablet. (I love that thing!)

A time I laughed so hard I could barely breathe: My class filmed an anti-bullying video. But instead of being serious, we made up funny ways to stop bullying, such as acting really weird!

My dream birthday party would be in Paris, and we'd be able to buy anything we wanted in the shops.

A time I wanted to disappear: That's when I fell off the jungle gym. Everyone swarmed around me while I cried.

My favorite part of AG: I love the quizzes, because I can learn more about my personality. Plus, they are fun!

Introduce Yourself!

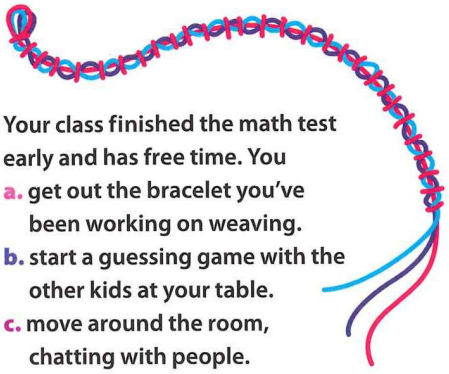
To find out how to be a featured reader, go to americangirlmagazine.com/playmagazine

Photo: Radlund Photography Illustrations: Tracey Wood

Mini Quiz

Awesome Autumn

Which fun fall activity best matches your personality?



1. Your class finished the math test early and has free time. You
- **a.** get out the bracelet you've been working on weaving.
- **b.** start a guessing game with the other kids at your table.
- **c.** move around the room, chatting with people.

4. You're too sick to go to school, but not so sick that you have to sleep all day. You
- **a.** design a sign for your bedroom door.
- **b.** make up a new smoothie recipe.
- **c.** watch a bunch of funny shows.

2. A girl wants to watch a scary movie at a sleepover, but some of the other girls are worried. You
- **a.** mention a different movie that everyone might enjoy.
- **b.** suggest that you all start the movie but turn it off if it's too scary.
- **c.** make a couple of jokes to ease the tension.

ha ha ha ha ha ha

5. It's almost Halloween! You
- **a.** get to work on an amazing costume.
- **b.** start planning a creepy display for your front porch.
- **c.** make plans to go trick-or-treating with friends.

3. You're in charge of choosing a fun activity for your family to do this weekend. You
- **a.** pick a pottery-painting place.
- **b.** ask to go to a go-kart racetrack.
- **c.** vote for an indoor arcade.

Answers

Mostly a's
You're a pie contest!
Cool and creative

Mostly b's
You're a corn maze!
Curious and adventurous

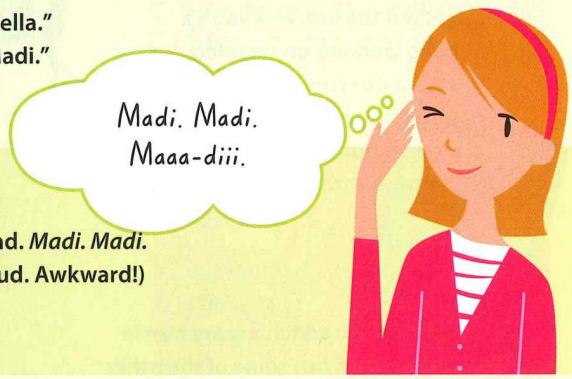
Mostly c's
You're a hayride!
Funny and social

Name Game

Try these tricks for remembering names of new people you meet.

Someone says to you, "Hi, I'm Madison—but everyone calls me Madi." To make sure you remember Madi's name, you can

Say it. "Hey, Madi. I'm Bella." Or "Nice to meet you, Madi."



Repeat it a few times in your mind. *Madi. Madi. Maaa-diii.* (Do not say this out loud. Awkward!)

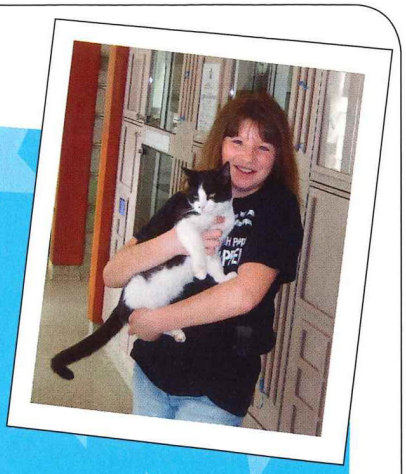
Ask her to repeat it. "Sorry—I didn't catch your name." Or "Oops—tell me your name again!"

Write it down in a journal or a diary. *Dear Diary, I met a new friend at recess today—Madi.*

Make up a reminder—especially one that uses the first letter of the person's name. *I met Madi at recess by the monkey bars.*

One of these tricks might work for you on its own. You also can use a combination of them. Have fun making new friends—and being the girl who always knows names. People love being remembered!

Shining Star



Natalie G. likes making a difference for homeless cats. Three years ago, she led a project for her 4-H club, making small, cozy cat comforters for an animal shelter near her Maryland home.

"The kids in my club and I went to the fabric store and picked out soft flannel," says Natalie, now age 12. She cut the fabric to the right size and made samples for the younger kids to follow. Together, they sewed 25 comforters, then decorated them with buttons.

But Natalie wanted to do more. Two years ago, she and her club made felt toys for the shelter cats. This year, they performed "stuffed animal surgery" to recycle stuffed animals into safe dog toys.

And, as for the comforters, three years later, homeless cats at the shelter still can snuggle up on them. "The best way to make myself happy is to see others happy," Natalie says. "Imagine sleeping on a cold concrete floor. It's a lot different to have a soft, fuzzy bed."

You can shine, too. Animal shelters can use lots of thoughtful items—some as simple as paper towels. Ask for a list of necessities, and think of ways you might be able to help.

AG Poll

Answer these questions, and then turn the page to see how your answers compare with those of other AG readers.

What would you hang up in your locker?

* Your schedule
* A mirror
* Mini posters
* Pictures of family and friends

What do you write about in your journal?

* Friend problems
* Life events
* Big secrets
* Goals and dreams

If you had to wear only one color forever, which would you pick?

* Pink
* Purple
* Green
* Blue

AG Poll

What girls told us online

In your locker, you'd hang

35% pictures.

23% a mirror.

22% your schedule.

20% mini posters.

In your journal, you write about

44% life events.

25% big secrets.

20% goals and dreams.

11% friend problems.

The color you'd wear forever is

43% blue.

28% pink.

19% purple.

10% green.

To answer our weekly poll question, go to americangirl.com/playmagazine

True Story

For Chloe, getting to re-open her baking business was just like frosting on a cake.

Dear American Girl,

I can barely believe that I started my own business, had my business shut down, and helped try to change a law—and I'm only 12! It all started with a cake-decorating class I took with my great-aunt. Afterward, I made a cake for my family decorated like a ladybug. My parents shared pictures of the cake with their friends. Soon, people were asking to order cakes from me, and my business was born.

Last Christmas, I sent cupcakes to the nursing home where my granny works. Someone sent a picture to a local newspaper. After that, I had even more orders. But then the county health department informed us that I needed a special permit to sell my homemade food. They shut me down. I had to cancel all my orders, and that made me really sad.

Local businesspeople heard about what happened and offered to help. The company my dad works for offered to build us a commercial kitchen (that's like a kitchen in a restaurant). A television talk show host in New York invited me to come on her show, and she gave me new appliances. A lawmaker in our state also heard my story and introduced a bill to change state laws about the sale of homemade food.

That brings me to the part of how I helped try to change a law. I attended a meeting with Illinois lawmakers to help convince them to make a law that works better for bakers like me. I don't know what will happen, but I can't wait to start baking again in my new kitchen. I can already taste the buttercream frosting—it's a secret family recipe.

Sincerely,

Chloe S.

Age 12, Illinois

AG Art Gallery

Hay, there—it's cute horse artwork by girls!

Help us fill our gallery! Send color copies of your **original artwork** or **photos** to the address below. Sorry, we can't return entries.

Caroline M.
Age 13, Alabama

Daisy B.
Age 10, Illinois

Sophie M.
Age 12, Texas

Chloe J.
Age 12, Connecticut

Write to Us

Be sure to include your

- First and last name
- Address and phone number
- Birth date, including year
- School photo or other portrait
- Parent's signature

Send us a cool envelope! Print our address neatly on the front and your return address on the back.

We can't print every letter, but we read everything you send to us. Hope to hear from you soon! ★

Envelope art by
Norah G.
Age 11, Maryland

Clever Costumes

These girls created cool Halloween costumes that are a treat to look at!

Leave Me Alone

Rose R.
Age 11, New York

Not-Too-Shabby Tabby

Jaslin A.
Age 11, New York

You "Glow" Girl

Ava L.
Age 11, Minnesota

Sweet Strike

Erika B.
Age 9, Utah

Peacock Princess

Jenna G.
Age 11, Illinois

Pig in a Blanket

Olivia E.
Age 10, Florida

Rainbow Riot

Hannah J.
Age 12, Idaho

New Contest: Umbrellas

April showers bring out the flowers—and the umbrellas! Show us your pretty, stylish, or laugh-out-loud funny umbrella design. Send your one-of-a-kind drawing to the address on page 7 and follow the instructions. Postmark deadline: October 10, 2014. Winners will appear in the March/April 2015 issue. Sorry, we can't return entries. ★

$hopping

What's your favorite thing to do at the mall?

Shop for clothes and other stuff **73%**

See friends **19%**

Have a snack **8%**

How often you shop:

Once a month **41%**

A few times a year **32%**

Once a week **27%**

The best back-to-school item to buy:

School supplies **45%**

Backpack **23%**

Shoes **22%**

Coat **10%**

What would you sell at your own store?

Clothing

Art supplies

Jewelry

Pets

Cupcakes

Candy

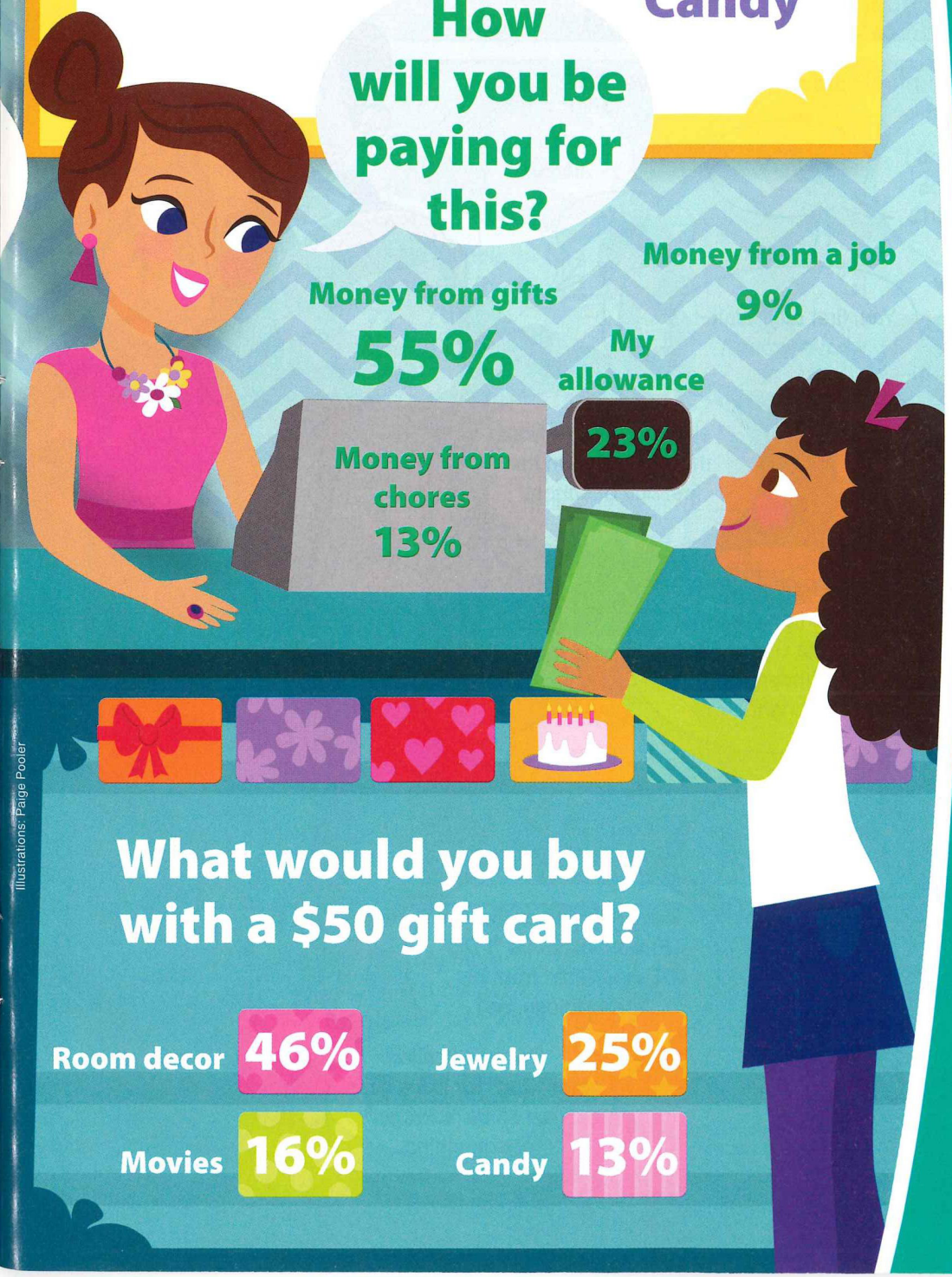
How will you be paying for this?

Money from a job 9%

Money from gifts 55%

My allowance 23%

Money from chores 13%



What would you buy with a $50 gift card?

Room decor	46%	Jewelry	25%
Movies	16%	Candy	13%

Illustrations: Paige Pooler

Coming Up: Hair

1. How long is your hair?
   a. Super short
   b. Short
   c. Medium
   d. Long
   e. Super long

2. Which of these hairstyles is your favorite?
   a. Bun
   b. Ponytail
   c. Braid or braids

3. Which accessory is best?
   a. Barrette
   b. Headband
   c. Claw clip
   d. Ponytail elastic
   e. Ribbon bow
   f. Colorful extensions

4. When do you wash your hair?
   a. At night
   b. In the morning

5. About how long do you spend fixing your hair in the morning?
   a. Less than five minutes
   b. Less than 10 minutes
   c. More than 10 minutes

6. Which hair color would you pick?
   a. Pink
   b. Purple
   c. Blue
   d. Green

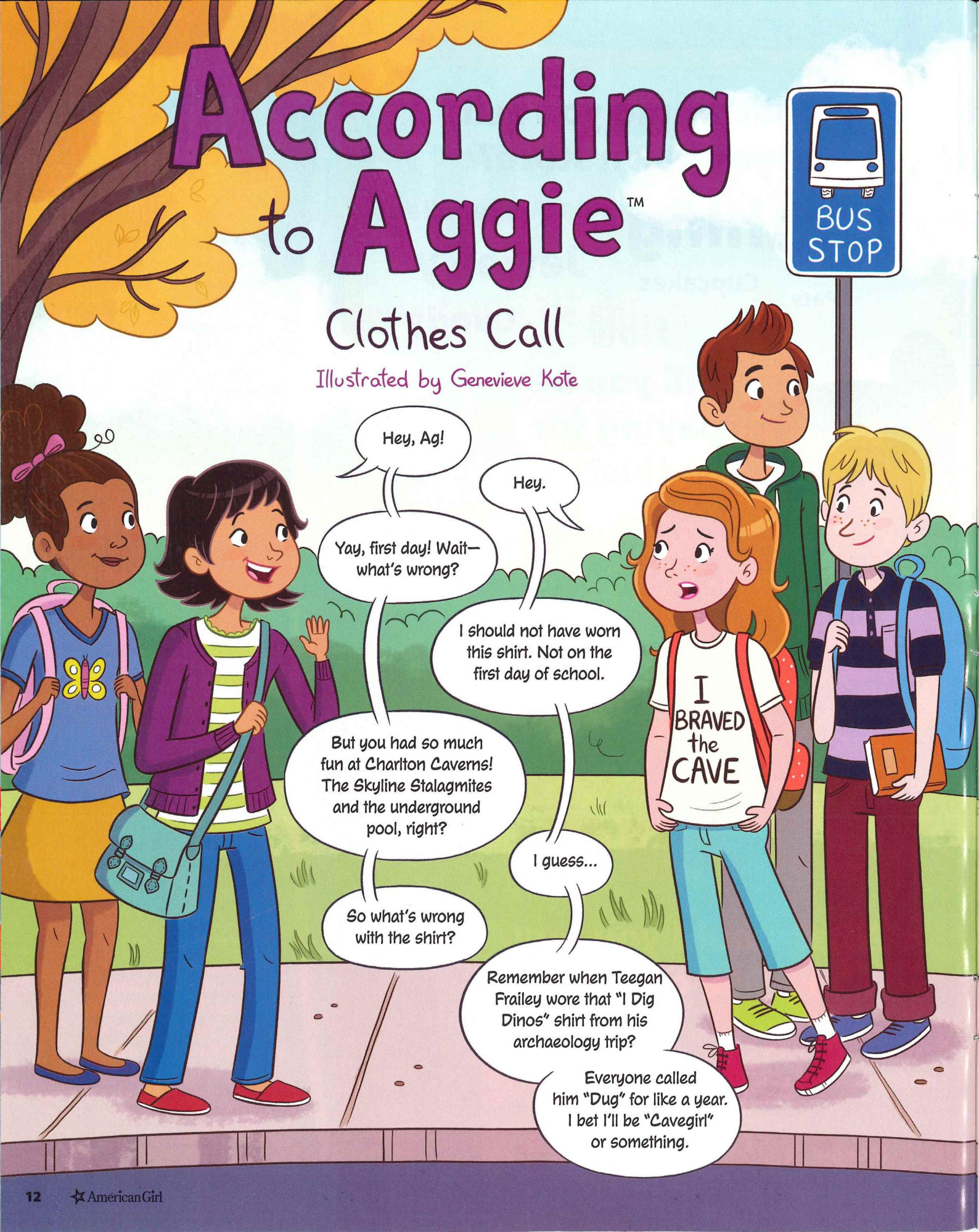
7. What's the best (or worst) haircut or hairstyle you've ever had?

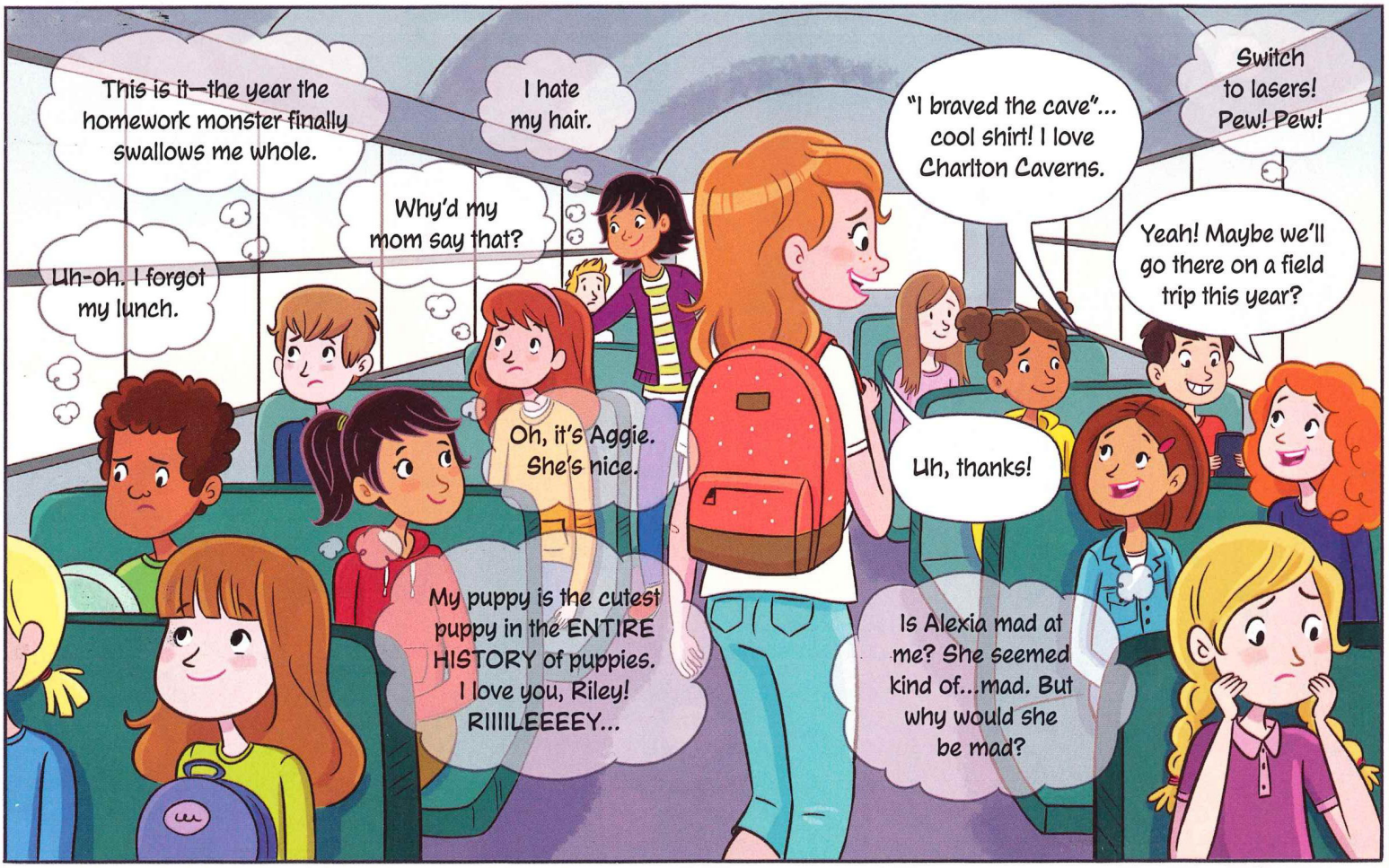
Send your answers to the address on page 7, along with your first and last name, address, school or portrait-style photo, and birth date. Postmark deadline: October 11, 2014. Some answers will appear in the March/April 2015 issue. ★

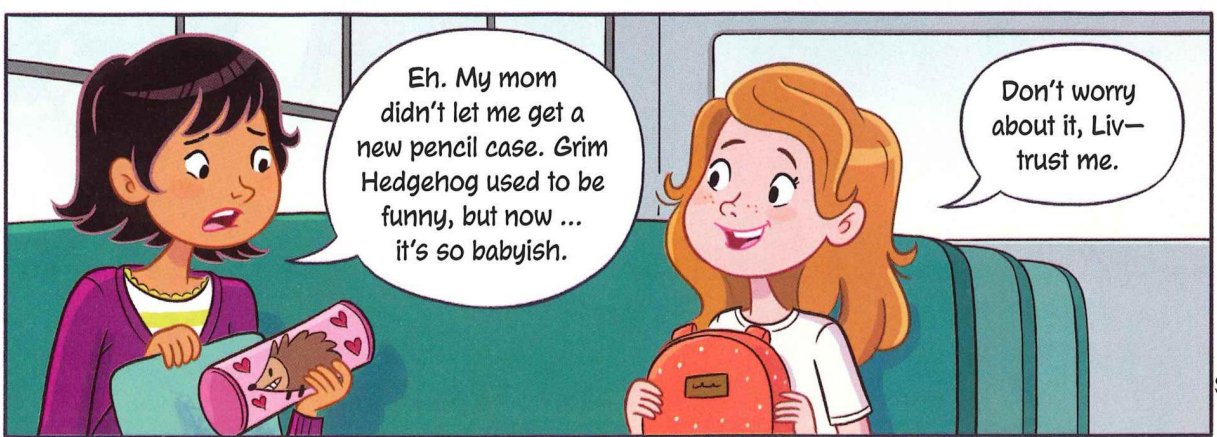
According to Aggie™

Clothes Call

Illustrated by Genevieve Kote


BUS STOP
Hey, Ag!
Hey.
Yay, first day! Wait—what's wrong?
I should not have worn this shirt. Not on the first day of school.
But you had so much fun at Charlton Caverns! The Skyline Stalagmites and the underground pool, right?
I guess...
So what's wrong with the shirt?
Remember when Teegan Frailey wore that "I Dig Dinos" shirt from his archaeology trip?
Everyone called him "Dug" for like a year. I bet I'll be "Cavegirl" or something.
I BRAVED the CAVE


This is it—the year the homework monster finally swallows me whole.
I hate my hair.
Why'd my mom say that?
Uh-oh. I forgot my lunch.
Oh, it's Aggie. She's nice.
My puppy is the cutest puppy in the ENTIRE HISTORY of puppies. I love you, Riley! RIIIILEEEEY...
"I braved the cave"... cool shirt! I love Charlton Caverns.
Switch to lasers! Pew! Pew!
Yeah! Maybe we'll go there on a field trip this year?
Uh, thanks!
Is Alexia mad at me? She seemed kind of...mad. But why would she be mad?


Eh. My mom didn't let me get a new pencil case. Grim Hedgehog used to be funny, but now ... it's so babyish.
Don't worry about it, Liv—trust me.

Don't miss my next misadventure:

LIGHT BRIGHT!

Spooky & Sweet

Make creative candy bark for a homemade Halloween treat.

YOU WILL NEED

- An adult to help you
- Candy melts or almond bark
- Assorted mix-ins, broken to bite-size

1. Cover a baking sheet with wax paper. Make sure that your hands, bowl, and utensils are completely dry.

2. Ask an adult to microwave 2 cups of candy melts in a bowl for 30 seconds at a time until melted. Stir with a spoon until smooth.

3. Stir in about ½ cup of mix-ins until coated. Add more if you'd like.

4. Ask an adult to pour the candy mixture onto the wax paper. Use a spoon to spread the mixture smoothly and evenly. Sprinkle extra mix-ins over the top of the bark.

5. Let bark cool completely. Then break into 2-inch pieces. Store in an airtight container.

Place some bark in a plastic treat bag and tie with a ribbon. Put the bag inside a festive container, and give it to a teacher or a friend!

Photos: Radlund Photography Illustrations: Monika Roe

Try these fun flavors or use leftover Halloween candy to create your own.

Peanut Butter Blast

Milk chocolate candy melts + Peanut butter candy + Peanut butter cups =

Monster Mint

Dark chocolate candy melts + Green candy melts + Mint chocolate sandwich cookies + Candy eyes =

Party Popcorn

Orange candy melts + Popcorn + Candy sprinkles =

Candy Corn Crunch

White chocolate candy melts + Pretzel chips + Peanuts + Candy corn =

Ghoulish Gummies

Milk chocolate candy melts + Gummy worms + Candy sprinkles =

Marshmallow Goo

Dark chocolate candy melts + Crisp rice cereal + Mini marshmallows =

Invent your own candy concoctions at americangirl.com/playmagazine. ★

Super Snack-tastic!

Want to make something special but don't know where to start? This quiz will help you find a simple treat that's perfect for you.

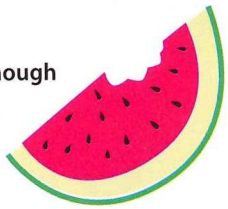
by Aubre Andrus

1. After school, I like to
- **a.** grab a chewy granola bar to go.
- **b.** pour a glass of cold juice.
- **c.** sit down for a filling mini meal.

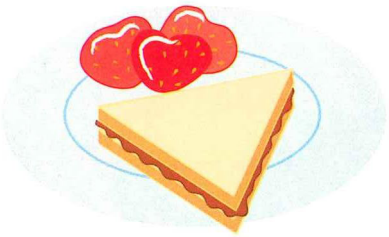
2. I like to
- **a.** follow recipes exactly.
- **b.** create my own recipes from scratch.
- **c.** add a dash of this and that to make a recipe fun and exciting.

3. When I cook, I prefer to use the
- **a.** oven (with help from a parent) to bake something delicious.
- **b.** freezer to make a frozen treat.
- **c.** counter and a few utensils to make a quick bite to eat.

4. I can't get enough
- **a.** chocolate.
- **b.** fruit.
- **c.** cheese.



5. My favorite part about cooking is
- **a.** the yummy smells that fill my kitchen.
- **b.** creating new flavors.
- **c.** eating!



6. I plan to share my delicious dish with
- **a.** my friends.
- **b.** my family.
- **c.** myself . . . and maybe one other person.

7. My favorite thing to eat is something
- **a.** super sweet, like candy.
- **b.** chilled and refreshing on a warm day.
- **c.** savory, like cheese and crackers.

Answers

Cupcake Cookies

If you answered **more a's,** treat yourself to cookies made from cake mix. Mix together 1 box cake mix (any flavor), ½ cup shortening, and 1 egg. Shape dough into 1-inch balls. Flatten balls slightly on a cookie sheet. Ask an adult to help you bake cookies at 350 degrees for 7 minutes or until cookie edges are lightly browned and cracking. Once the cookies have cooled, top with frosting and sprinkles for a new twist on a cupcake taste.

Sandwich Stackers

If you answered **more c's,** turn a simple sandwich into a fun-to-eat treat. Use a cookie cutter to cut bread into small circles, squares, or silly shapes. Now build your sandwich with your favorite fillings. Stack the sandwich so it's at least three layers tall. Give these combinations a try:

- peanut butter and banana slices on wheat bread
- turkey, ham, cheese, and mayo on potato bread
- cream cheese and sliced strawberries on white bread ★

Sweet Sippers

If you answered **more b's,** make a beverage that's delightful to drink by freezing some easy-to-make twice-as-nice ice cubes. Fill ice cube trays with fruit slices or candy sprinkles. Top off each cube with ginger ale, fruit juice, or water. Freeze for a few hours, and then add the cubes to your drink for a refreshing twist. Try these combos:

- strawberry slices + ginger ale ice cubes dropped into apple juice
- candy sprinkles + water ice cubes dropped into ginger ale
- cherries + cherry juice ice cubes dropped into soda

Illustrations: Carol Yoshizumi

After-School Cool

No matter your after-school routine—practices, clubs, or heading home—here's how to recharge your brain and body. (And be ready for the next day!)

Refuel

Have a headache? Feel sleepy? Sometimes this means your body needs water or a snack. When you get home, drink at least one glass of water (or more if you've been active) and eat a snack.

Smoothie Drink

Sip something sweet! Spoon ½ cup vanilla yogurt into a glass (thinner yogurt works best). Add ¼ cup fruit juice and stir until the yogurt and juice are combined. (Add more juice if the drink is too thick.)

On-the-go after school? Pour your smoothie drink into a sport bottle for a portable snack.

Parmesan Crunchers

Bake a crunchy, cheesy snack. First place ½ cup frozen edamame in a bowl. (Edamame is the name for green soybeans. You say it like this: ed-uh-MA-may. You can buy them in pods or already shelled.) Then stir in ½ teaspoon olive oil, 1 teaspoon grated parmesan cheese, and a pinch of salt. Spread the mixture on a baking pan. Ask an adult to bake at 400 degrees for 15–20 minutes or until browned. Let cool before eating.

Sandwich Pockets

Fill up on the good stuff! Start with a mini pita pocket (or regular pita pocket cut into quarters) and fill it with tasty ingredients. (Ask an adult to cut any fruits and veggies.)

Taco: Chicken, shredded lettuce, shredded cheese, salsa

Veggie: Cheese, sliced carrots, sliced tomato, lettuce, hummus

Fruit: Sliced strawberries, sliced bananas, peanut butter or sunflower seed spread

Refresh

Every day is different. Some days, you need to burn off extra energy after school. Other days, you need to slow down. Either way, do something to take your mind off school for a while.

Jumbo Art

Do you heart art? Instead of your usual doodles, use sidewalk chalk—and a few friends!—to create a giant mural on a walkway or patio. (Be sure to ask a parent's permission first.) Draw a detailed scene or find a famous work of art and re-create it.

On Repeat

For fresh air and fun, find an outdoor activity you can easily repeat. Shoot free throws, play catch, throw a ball for your dog, or see how many times you can throw and catch a ball by yourself.

Craft Challenge

At the start of the week, choose a craft project that can't be finished quickly. Work on the craft for a little bit each day. It's a way to use your creativity and also makes a big project seem easier.

- Make a giant collage to hang above your desk. Fill it with pictures of people and things that inspire you or make you smile.
- Crochet or knit a gift for a friend—a scarf, a winter headband, or a cup cozy.
- Use air-dry clay to make beads. If you make a few each day, you'll have a necklace (or more!) by the end of the week.

Illustrations: Julia Bereciartu

Review

Once you're refueled and refreshed, it's time to hit the books! If you can, do homework in the same spot every day. Over time, this will become a signal to your mind that it's time to focus.

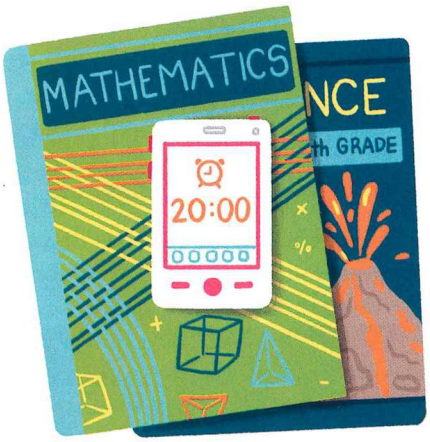
Study Spot

Ask a parent to help you find a space that:

1. has room to spread out your materials
2. has a comfortable place to sit
3. is free from distractions (including siblings and mobile devices)
4. has good light

Study Sprints

Instead of a marathon homework session, sprint! It can be easier to focus if you study for short periods of time and take breaks. Try this: Set a timer for 20 minutes and do your homework. When time's up, set the timer for 5 minutes and get out of your seat—stretch, grab a drink, walk around. Then set your alarm for 20 minutes again. Keep repeating the cycle until your homework is finished.



Be the Teacher

Playing "school" is more than a game for younger kids. It can help you learn. When studying for a test, pretend you're the teacher and explain the information to someone else—a parent, a sibling, a pet, even a stuffed animal. Do whatever puts you in "teacher" mode: stand, use a dry-erase board, or do a demonstration.

Relax

Take time to relax at the end of the day. Turn off the computer, phone, and any other device at least 30 minutes before bed. Then do one of these activities instead: Read a book, do a simple craft, draw, cuddle with a pet, or just daydream.

Stretch It Out

After sitting at a desk, texting too much, or reading, your muscles can use a good stretch. Try these stretches . . .

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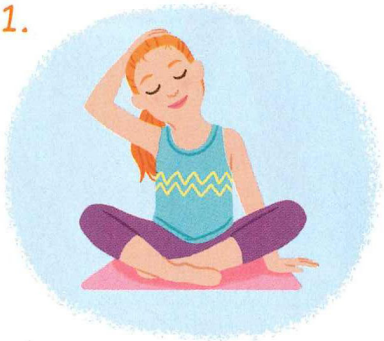
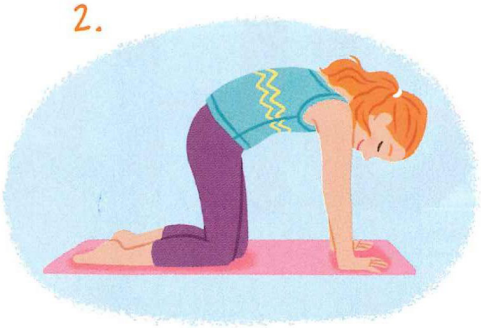


. . . for your neck

2.



. . . for your back

3.

. . . for your legs and back

4.

. . . for your shoulders and arms.

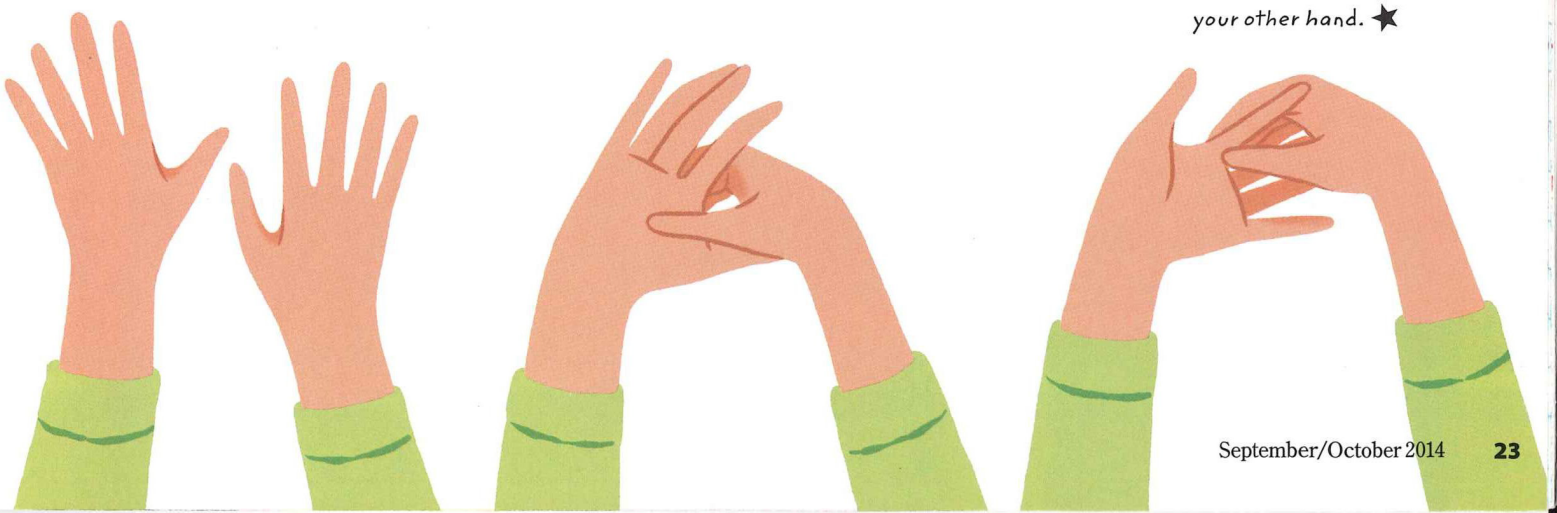
Give Yourself a Hand

Use hand lotion and give your hardworking hands a massage.

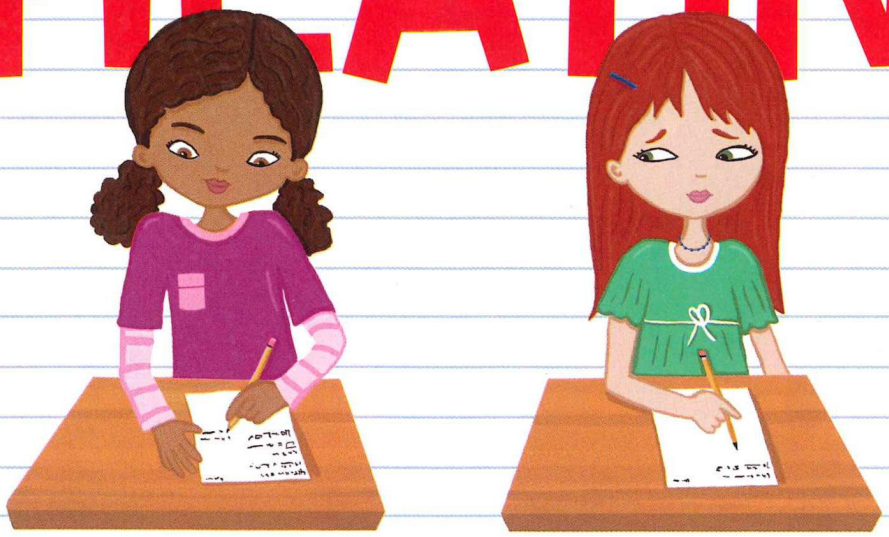
1. Spread your fingers apart as far as you can. Then wiggle all your fingers. Repeat a couple of times.

2. Lightly pinch the area between your thumb and forefinger. Rub in a circular motion. Switch hands.

3. Use your forefinger and thumb to massage between each finger. Repeat with your other hand. ★



CHEATING



You know it's a bad idea.
Still, cheating is tempting to many people.
Here's what to do if that happens to you.

by Julie Williams Montalbano

"Everyone else is doing it."

When "everyone else" seems to be cheating, it can be oh-so-easy to slip into the quicksand. Why should you risk getting a C when everyone else is sure to get an A? Before you go over to the dark side, remind yourself that **cheating is wrong.** Plus, the answers you're copying could be wrong, too.

But even if the answers are correct, what will the teacher think when everyone gets the same score? Teachers are smarter than you think. It's always better to go your own way and learn the material. And when the teacher starts a new lesson that builds on the one you were just tested on, you'll be up to speed instead of falling behind.

"I can't say no to my friend."

Why is it so hard to say no when a friend asks to copy your homework? Maybe you don't want to seem selfish or to make her mad at you. Or maybe you just want to see her do well. But consider that **you worked hard on the assignment,** and it's simply unfair for her not to put in the same amount of effort.

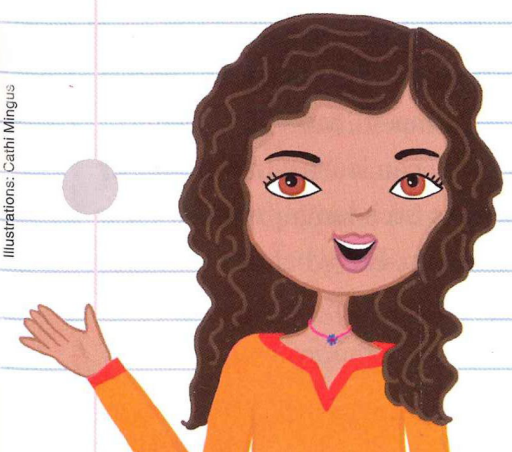
If you give in to your friend, you'll feel taken advantage of. So give her an honest answer: Say, "I'm not comfortable doing that," or "That's not a good idea for me." You may want to soften the "no" by offering to help her with the assignment if she can get an extension. Your friend might be angry or become embarrassed because you challenged her. But if she's a true friend, she'll eventually see your point and respect it.

"I didn't study enough."

Homework and tests are supposed to show the teacher what you know. If she thinks you understand, she moves on. You really are **cheating yourself when you cheat.**

And there might be more to it than that. Do you doubt that you can get a good grade on your own? Are you used to getting a lot of help on homework? Do you have trouble turning off the TV so you can study? If you give yourself enough time to prepare and put in enough effort, you should have the confidence to show what you know.

School is hard enough without getting into trouble for cheating. Good luck this year!



Caught Cheating?

If you cheat, that's likely to happen. And it's humiliating. What's the best thing to do?

- Admit it.
- Don't make excuses or blame others.
- Accept the consequences.
- Learn from the experience.

You'll save face and start to regain your teacher's trust. (Your parents', too.)

More advice for surviving school can be found in *A Smart Girl's Guide: Middle School.*

American Girl
a smart girl's guide
Middle School
everything you need to know about juggling more homework, more teachers, and more friends!

Illustrations: Cathi Mingus

Halftime

What it's really like to be on a jump-rope team—all tricky ropes and fancy feet

Five, six, seven, eight—the Pop Rocks jump, twist, and tumble to the beat of the music. Jump ropes slap the floor. Laughter fills the gym as they practice their choreography and jump-rope tricks.

Members of the team, more than 20 fun-loving, jump-roping third- through eighth-graders, perform bouncy halftime shows all over the country at college and high school athletic events. Here's the inside scoop on what it's like to be a Pop Rock.

Riley, age 12

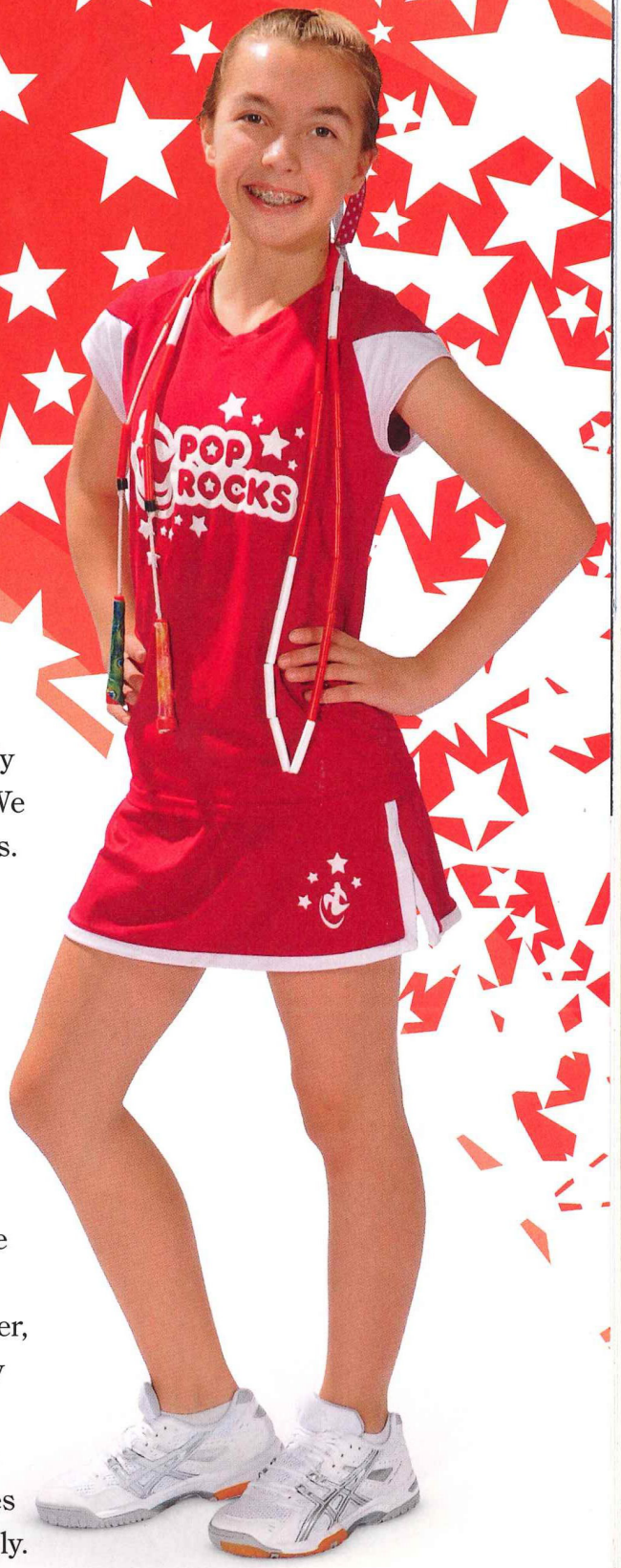
Being a Pop Rock is all about meeting new friends, staying active, and having fun. We train for two hours, three days a week after school. On Saturday mornings, we practice for three more hours. It's great to spend so much time with friends.

Learning jump-rope tricks can be complicated. We have to remember hundreds of steps and get the timing just right.

It can take weeks or months or even an entire year to get our routine ready. But we practice and practice. If someone gets frustrated, we pull together. The encouragement we give each other helps a lot.

After I made the team two years ago, I thought my best friend, Sami, would love it, too. She likes a challenge. A year ago, she gave up cheerleading to try out for jump rope, and she made it! It's great having her on the team. She makes jokes and funny suggestions. She and I compete, too—like seeing who can learn a trick faster or do a trick longer without messing up. But whatever we do, it's all for fun.

Heroes



Sami, age 13

I first heard about the Pop Rocks from my best friend, Riley. The more I learned about it, the more I wanted to be a part of it. She taught me how to jump rope, but it's not easy to get a spot on the team. You have to be willing to work really hard.

I set my mind to getting a spot on the team, but tryouts didn't go as well as I'd hoped. I messed up a couple of tricks because I thought they were easy and I hadn't practiced them. I was nervous that I wouldn't make it, but I did. Phew!

It was a whole different perspective once I was on the team. The Pop Rocks travel together, work together, and accomplish new goals together. We also joke around, sing made-up songs, and laugh a lot. We're not afraid to be silly and fun around each other. We can always laugh at ourselves.

"We're not afraid to be silly and fun around each other."

Riley has been a great role model. Being on the team together has brought us closer, even though we were already best friends and next-door neighbors. The Pop Rocks is more than jump-rope routines and halftime shows. It's family.

Photos: Lee Woolery/SpeedShot Action Photography

Sophie, age 10

When I wake up, I'm always ready to jump rope. Yeah, it's hard work and it's tiring, but you power through it. It's worth it when you get to perform as a Pop Rock.

But I have to tell you, I didn't make the team the first time I tried out. I was upset, but it made me very determined. It made me practice harder. After another tryout several months later, the coach called to tell me I made the team. I was so excited and proud of myself, I could barely speak. I realized that some of the best things in life are earned, not just received.

It's true about learning jump-rope tricks and routines, too. They can be hard, but I keep practicing. At first I had a few small parts in a performance, but I wanted to do more advanced tricks such as the Donkey Kick. I practiced that trick a lot, even at home. When it was too cold to go outside, I jumped rope in our kitchen. After a while, I earned the chance to perform the Donkey Kick during a performance. It was awesome.

Maggie, age 12

Sometimes I wonder what life would have been like for the past five years if I hadn't been a Pop Rock. I would have watched a lot more TV, that's for sure. I love jumping rope with my team. We make people smile.

I never thought I could work so hard at something and yet have so much fun. It's made me a much better person. Like learning to handle disappointments. We're always trying to improve and learn new tricks.

"I'm not afraid of being myself."

You try so hard and you don't want to fail, but it happens. But when I work and work and work on a trick and finally get it, I feel like I'm on top of the world.

In school, if I have to give a speech or a presentation, I don't worry. I'm not afraid of being myself. If I can jump rope in front of 5,000 people, I can pretty much do anything.

Jump Around!

Pop Rocks routines are entertaining—and they're great exercise, too. But you don't have to be on a jump-rope team to do a jump-rope workout. These Pop Rocks ideas will challenge your feet and your endurance.

Jump by yourself

In forward jumps, alternate your feet as if you were jogging. Try backward jumps, too. Do as many as you can without messing up, and try to beat your record every day.

Jump with a friend

This takes teamwork. Have a partner stand in front of you, as close as possible. You (the person in back) swing the rope to do a basic jump, and you two jump at the same time. Try counting to get on the beat together, and see how many times you can do it without stopping.

Jump with a few friends

Get a long playground rope and some friends. Two people turn the rope. Jumpers can start jumping together as the rope starts turning. Advanced jumpers can run into the turning rope one by one as they find the rhythm. Make it fun by counting or singing songs to keep the beat.

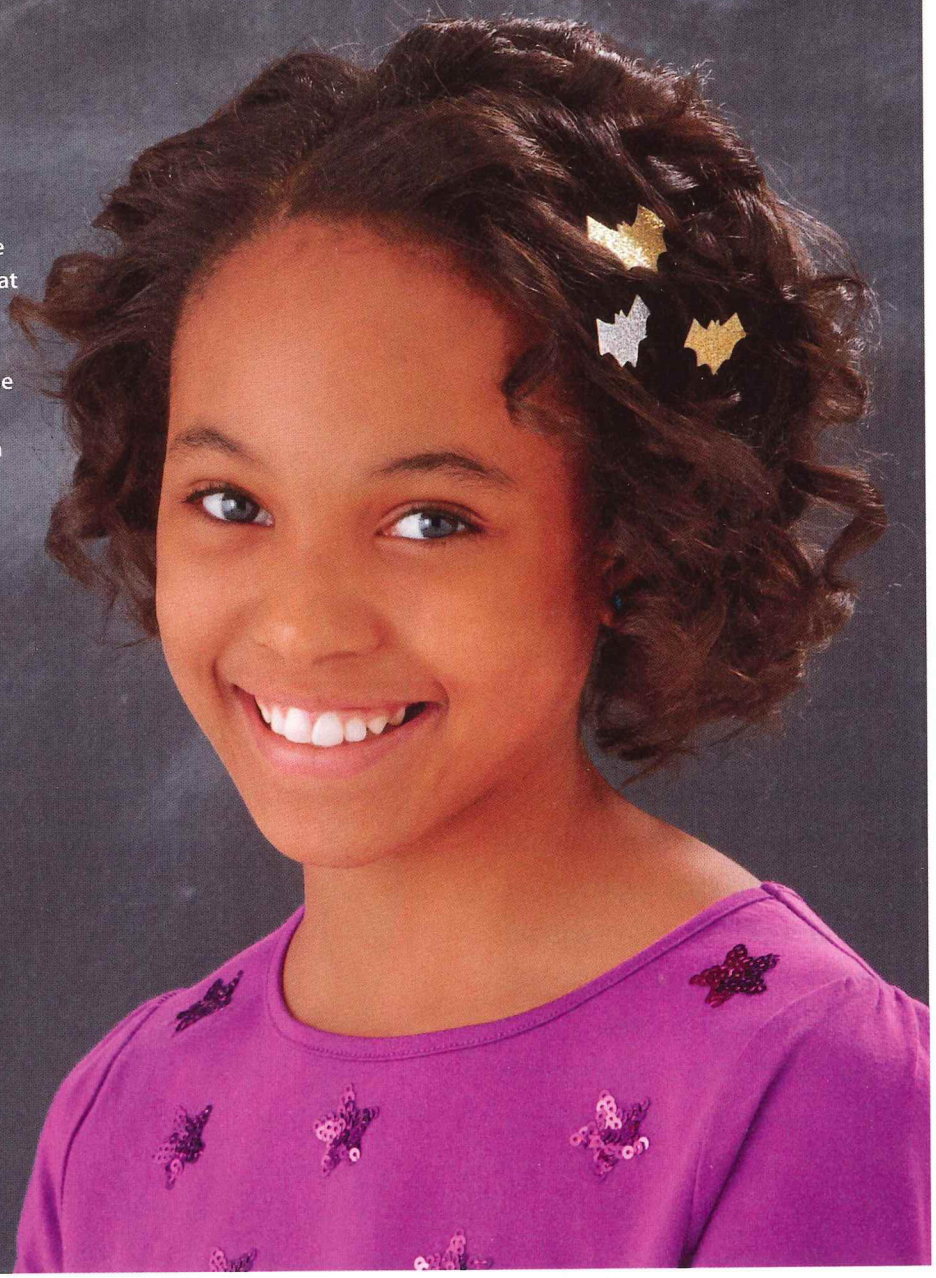
Now hop to it! ★

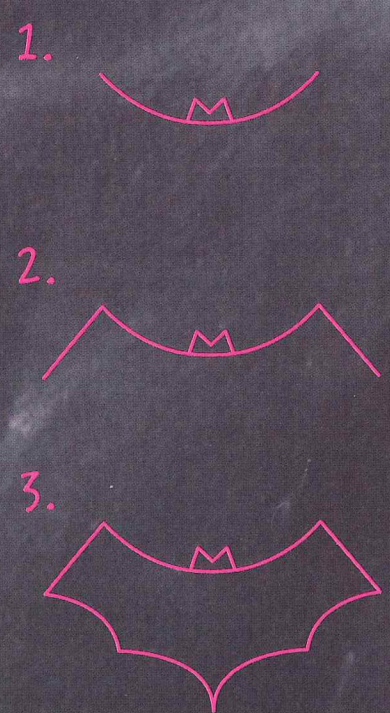
Halloween Hair

These fun hair accessories can be worn alone or added to a costume!

Glitzy Bats

Dress up a hairstyle with pins that sparkle and swoop. First, draw a bat on the plain side of glitter card stock. (Follow the diagram below. You can draw the bat smaller or larger than the diagram.) Use scissors to cut out the bat shape. Slide a bobby pin on a scrap piece of cardboard, flat side up. Use a cotton swab to spread craft glue on the flat side of the bobby pin. Attach the bat to the pin. Let dry. Remove the pin from the scrap cardboard once dry.





Blackbird Flair

Make a bird accessory for your hair. Follow the diagram below, and use chalk to draw a bird shape on stiff black felt. Use scissors to cut out the shape. Turn the shape over to the clean side. Decorate the felt bird with a rhinestone sticker and fabric paint. Let dry. Attach the blackbird to a hair elastic with fabric glue. Let dry before wearing. Wrap around a ponytail.

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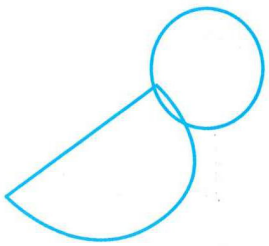

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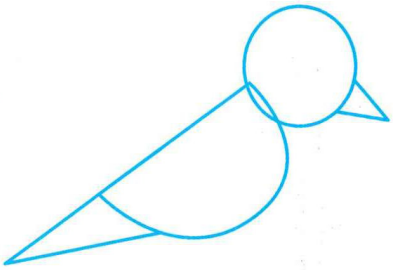
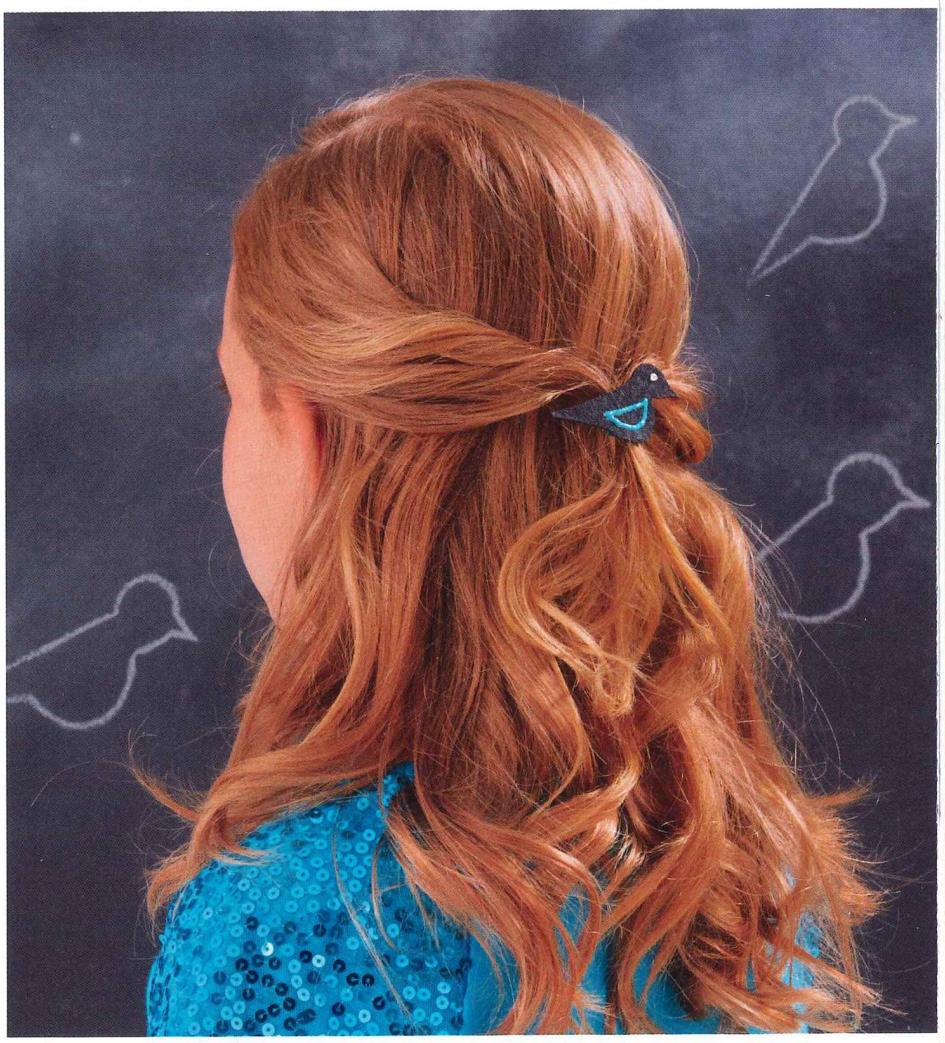


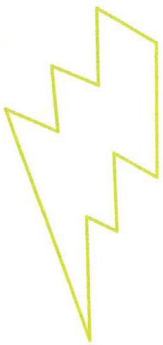


Bolt Band

Stormy days call for a striking headband. Draw a lightning-bolt shape on a sheet of glitter craft foam. (Follow the diagram below, and adjust the size as needed.) Cut out the shape with scissors. Attach the lightning bolt to a headband using craft glue. Let dry.

1.

2.



Photos: Radlund Photography Styling: Ashley Franklin

Starry Style

Wear stars in your hair! Measure a piece of ⅝-inch-wide elastic that's long enough to wrap around your head, plus 5 inches. Cut the elastic. String a few star-shaped pony beads on the elastic piece. Ask an adult to help you wrap the elastic around your head like a headband and tie it in a double knot underneath your hair. Make sure the headband fits comfortably and isn't too tight. Remove the headband and trim the excess elastic.

Fairy-Tale Wrap

Cut a piece of lace trim that's long enough to wrap around your head, plus 6 inches. Pull back your hair in a messy bun. Then ask an adult to tie the lace trim around your head, underneath the bun. Have the adult trim any excess lace.

Hair-Raising Ribbons

Use ribbons to make a colorful clip. Cut 5-10 pieces of ribbon of varying lengths. Knot each ribbon to the bottom edge of a flexible hair barrette. Attach the clip underneath your hair so that the ribbons blend in. ★

Contest Winners

Last January, we invited you to write your own original fiction stories. From the more than 1,300 entries, we picked these two winners!

Pinky

by Rachel S.

By keeping a secret, Kelly is hurting her friendships.

Kelly Powers had made a list of all the essential things she would need for the first day of sixth grade. She'd need her reading glasses, new pencils, and of course, Pinky.

Pinky was Kelly's favorite (and secret) stuffed pink bunny. She was also her good-luck charm that motivated Kelly to shoot for the stars every time she looked at Pinky. Kelly especially loved Pinky because they were together in Kelly's crib. From that time, they had never been apart.

The night before school started, as Kelly checked the list again, she looked at Pinky and sighed. She was going to have to be very good at keeping Pinky a secret if she was going to travel in her backpack. Kelly always hid Pinky so that she wouldn't be laughed at, which would be nightmare city.

"Kelly! Ten minutes and counting!" Kelly's mom called.

She got out of bed and put on her carefully chosen outfit as the September sun cast a yellow glow in her room. "Coming, Mom," she responded.

She went downstairs to face the day. At the door, her mom handed Kelly her new backpack. "I packed it last night, along with your lunch."

"Thanks, Mom!" Kelly replied.

Even though she was almost too excited to eat, Kelly ate her breakfast and raced off to the bus.

As she walked up to school, she waved to her two best friends, Marie and Cara. They waved back and ran over to hug her.

"Hey! Ready for sixth grade?" Kelly asked.

"Yup!" said an enthusiastic Cara. "Now, let's go find our lockers," she added.

As they huddled around Kelly's locker, Marie asked, "Hey guys, did you get the e-mail?"

"E-mail?" Kelly asked frowning.

"Yeah. It confirms that we are all in Mr. Emerson's class."

Kelly and Cara smiled and both said, "Awesome!"

A *briiing* rang out in the hallway. "That's the bell. Let's dash!" Cara exclaimed.

Kelly didn't even have a chance to lock her locker. Books in their arms, the girls rushed off, making mental notes to pick up their backpacks from their lockers after class.

Kelly had survived first period. She didn't say anything embarrassing or drop her pencil, and she had answered a question correctly. She was feeling confident as she walked to her locker, with her friends tagging along a little ways behind her. Eager to sneak in a quick Pinky hug (for an extra boost of confidence), Kelly frantically dug through her backpack, but she couldn't find her.

She had left her bag in her locker, which had been unlocked. Kelly tried to hold back tears as she zipped up her backpack. *Someone stole Pinky!* was the first thought that popped in her head. And that was not cool.

"Kelly?" asked Marie, "Are you crying?"

Kelly shook her head and walked on. Marie said, "You can tell me anything. You know that,

Illustrations: Elisa Chavarri

right?" as she caught up to Kelly.

Kelly wanted to tell Marie, but she didn't want to share the secret. She quietly walked on. She knew that if she said anything, she would cry. It made her realize how attached she was to Pinky. Now that Pinky was gone, she felt alone in a way. And that wasn't a good feeling.

Now that Pinky was gone, she felt alone in a way.

When Kelly got home from school, she didn't tell her parents about Pinky's disappearance. She didn't want them to call the school because there would probably be an announcement and everyone would learn her secret. Kelly shuddered at the thought.

That night before she went to bed, Kelly made a wish that Pinky would turn up soon.

The next day, Kelly looked everywhere at school, but she couldn't find Pinky. As she rifled through her locker again, she started to feel frustrated.

"I know you too well, Kelly Powers. What's wrong?"

Kelly turned from her locker and saw Cara standing next to her.

"It's nothing, Cara. I . . ." Her voice trailed off and she let out a big breath. She couldn't keep this secret from Cara any longer.

"Listen, Cara," said Kelly quietly. "I . . . I have a little stuffed rabbit. Um, her name is Pinky. And I've had her since I was little, and . . . well, I couldn't find her in my backpack yesterday and I've never been at school without her." Kelly's throat tightened when she said the last part. "I think someone has taken her."

"Whoa. I am sorry, Kelly. Why didn't you tell me this before?" asked Cara.

Kelly shook her head. "I didn't want you to laugh at me."

"I wouldn't have laughed at you, Kelly. Actually . . ." Cara said as she looked around to make sure no one was watching. She took out a small key chain from her backpack. It had a photo of herself on it from when she was a toddler.

"I carry this everywhere with me. This smiley picture of me makes me happy, but I didn't want anyone to tease me, so I've kept it a secret." Just then Marie walked up.

"What's up, guys?" Marie asked.

Cara nudged Kelly. "Tell her."

So Kelly told Marie all about Pinky, and Cara revealed her key chain, too.

Marie said, "You guys should've told me! I carry a piece of my baby blanket in my bag, and it's hard to keep it a secret."

Kelly looked at Cara and Marie. "I need help finding Pinky." Both girls agreed, and the search was on.

When Kelly got home from school, she felt as if a weight had been lifted from her shoulders. Even though Pinky was still missing, Kelly was happy that her friends knew about her.

She walked into her bedroom and flopped onto her bed, and her gaze fell on her old backpack slumped on the floor. Then a thought struck her. *Could it be? No . . .*

Kelly hopped up and unzipped the front pocket of the backpack. There was Pinky! Suddenly she remembered putting Pinky in the old backpack, forgetting that she would be using the new one her mom had gotten for her.

Kelly squealed in delight and grabbed her phone.

"Cara?"

"Hey, Kelly! Any luck finding Pinky?"

"Yup! She was all set to go in my old backpack."

"Wow! I am so happy for you. Call Marie!"

Kelly hung up with Cara and called Marie, who was just as happy to hear the news.

That night, with Pinky finally at her side, Kelly felt great because she knew that she had two awesome friends who understood her. And now they all had another thing in common. Kelly fell asleep with Pinky in her arms, and her heart was warmed by thoughts of her friends. ★

Meet the Author

Rachel, age 12, lives in Pennsylvania

Rachel S.

When I was younger, I carried a special doll with me, so it was fun to write about Kelly and Pinky. I told only a few close friends about my secret, and they were very supportive.

Unexpected friend

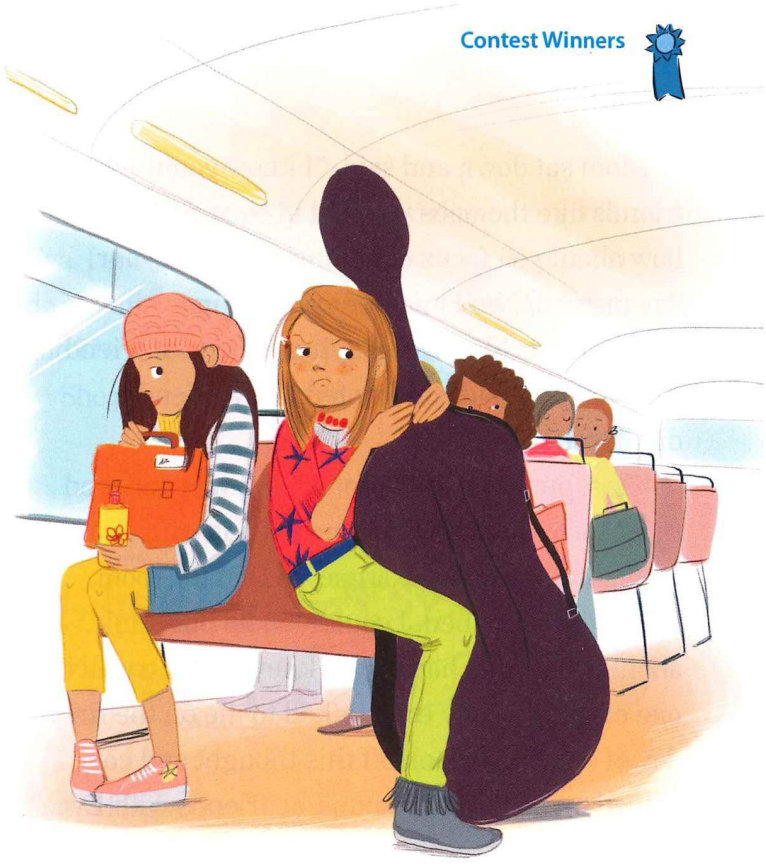
by Hayley B.

Mandie wants to make new friends. But is she overlooking someone right in front of her?

I'll have new teachers, and I'll have to make new friends. Why couldn't we have stayed in New York? I loved it there. Who knows what my new school is going to be like?

My thoughts raced as I waited for the bus to arrive. It hadn't been a surprise when Dad had said we were moving. I had already moved eight times, and I was only 11 years old. I should've been used to change.

The bus came, and I got ready to board. But my cello, which I have to lug around for orchestra, got stuck in the doorway. I tried to ignore the annoyed looks and snickers coming from the kids.



Once I was actually on the bus, I couldn't get my cello to fit at the foot of my seat, and it blocked the aisle, so other kids couldn't sit down. Stubborn instrument!

The driver told me to "hurry up, because there are more stops before school."

Embarrassed, I sat down quickly, even though my cello was still poking out a bit into the aisle.

I like playing the cello—except for moments like these. Mom always tells me, "Mandie, look on the bright side," but at that moment, I couldn't.

"Um, excuse me," I heard a small, shaky voice say. I looked up and there stood a girl with long dark hair who wouldn't meet her eyes with mine.

"Is anyone sitting here?" she asked as she sat down.

"No," I said shortly.

I wasn't thrilled about sitting with this girl, but apparently I didn't have a choice. In New York, I never would have sat next to a shy girl on the bus.

My day only got worse. The girl from the bus was in my first class, and since we had sat together earlier, she seemed to expect to sit with me in class.

Then Eva (I found out that was her name) wanted to sit with me at lunch. I really missed Bella, my best friend in New York. Bella never would have been this clingy.

Eva was no longer timid around me. She talked nonstop during lunch, so much that I don't know how she managed to eat.

I did learn that she had lived in the same town for her whole life (lucky) and that she played the flute in the school orchestra (not so lucky for me).

The only thing I told her was that I played the cello, but then anyone who had seen my grand entrance onto the bus would've known that.

"How was school, Mandie?" Mom asked when I got home.

"Guess," I said in a frustrated tone, because Mom always asks me that on the first day at a new school. She knows my answer is always, "It wasn't very fun." (OK, I admit, even at my old school that I'd liked so much, I said that on the first day.)

"I know you don't like moving, sweetie, but your father got a good job offer. Try to look on the bright side," Mom said cheerfully.

I sighed. There was that "look on the bright side" thing she always said.

"But why Oregon?" I replied. "Couldn't it have been somewhere closer to New York? I just want to be with my old friends. I felt like I totally fit in at my last school. I hate how I have to make friends every time we move! I doubt there are any good friends for me here. All I want is a friend like Bella, someone who's outgoing and fun," I rambled.

Illustrations: Lucy Truman

Mom sat down and said, "I know you want friends like the ones you had in New York. But how about you focus on telling me about your day instead?" So I told her everything.

"It sounds like Eva is trying to be your friend. And you just said you wanted a new friend, didn't you?"

"Yes, but not her!" I protested. I was annoyed that Mom suggested making friends with Eva. I knew it was useless to argue, so I left the room.

That night in bed, I couldn't help but think about what Mom had said. I knew it was true. No one else had really even talked to me on the first day of school. I shook off this thought and convinced myself that I couldn't be friends with Eva.

A week later, I got on the bus and didn't have any trouble with my cello. The real problem now was that Eva was my shadow.

She went everywhere I went—to the school library, to the lockers, and to the cafeteria. She even stayed after orchestra practice to put away chairs with me.

When we walked out into the hallway a few minutes later, most of the kids had gone home already, and Eva as usual was walking behind me.

I couldn't stand it any more. I turned to her and spoke. Well, I didn't really speak—it was more like shouting. "Why in the world do you keep following me? Just leave me alone! You don't understand what it's like to have good friends and have to leave them. You've never moved!"

Eva looked at me, stunned, and sadly said, "I'm sorry. You're right. I don't understand what it's like to have good friends," and she ran down the hallway.

As I walked home from the bus stop, I thought about Eva's words. Did this mean that Eva has never had a good friend before? I thought.

As soon as I walked in the house, Mom figured out that something was wrong and forced it out of me.

She said, "Mandie, it sounds like you were rude to Eva because you're upset about moving. She was trying to be a friend and you need to apologize to her tomorrow."

I started to cry. I felt terrible.

Mom softened a bit and gave me a hug.

She said, "How about you and I take a walk around the block, like we used to do in New York?" I nodded in agreement.

"Oh, and one more thing," Mom said as we walked toward the door. "I got a phone call from your music teacher. She forgot to mention at

practice that for your fall recital, you'll need someone who can play the flute or violin to accompany you, and I told her you would try to find someone. Do you know anyone at school who plays one of those instruments?"

Suddenly I had an idea, but I wasn't sure if I had the courage to carry it out. "Yes," I said a little nervously, then more confidently, "Yes, I do," and finally, "I will ask her tomorrow."

Suddenly I had an idea, but I wasn't sure if I had the courage to carry it out.

I saw Eva get on the bus the next morning, but she didn't look back at me.

My classes passed slowly, but finally it was lunchtime, and I was sitting at a table—alone.

I felt lonely, and believe it or not, I wanted Eva's company more than anything. I looked at her sitting by herself at a corner table. It was true—she didn't have any good friends.

Before I could change my mind, I walked over to where she was sitting.

"Um, hi," I said.

Eva looked up, startled. "Oh, hi," she said quietly.

There was an awkward, quiet moment, and then I said, "I was wondering if you…if you…want to play your flute with me in the fall concert."

She looked surprised, so I hurried on. "Of course, you don't have to if you don't want to."

Eva broke into a smile. "Yes, I would like to perform with you."

I went on nervously. "And one more thing. I'm sorry, Eva. I shouldn't have been rude to you. You didn't do anything wrong. I was just mad about moving, and I took it out on you. Will you forgive me?"

She paused for a second and said, "Yes, I forgive you."

"Friends?" I asked, holding out my hand.

"Friends," Eva said, taking my hand and shaking it.

We broke into giggles. I had found a good—no, a great—friend. ★

Meet the Author

Haley, age 13, lives in Pennsylvania

Hayley B.

I was inspired to write about a new girl in school because my family has moved around a lot. Mandie and I have one other thing in common, too: we both play cello!

Honorable Mentions

Grace A.
Age 12, Minnesota

Julia N.
Age 11, Illinois

Ella B.
Age 12, Illinois

Claire P.
Age 12, Oregon

Christina L.
Age 10, New Jersey

Emma S.
Age 10, New York

AG's Puzzle Page

Aw, It's Autumn!

Look up, down, forward, backward, and diagonally to find fun at the fall festival.

B	N	J	M	R	J	K	E	S	I	Q	C	A	A	J
P	Z	K	R	A	D	Z	D	U	T	T	N	B	L	U
K	N	N	L	P	H	L	I	J	P	B	R	G	O	Q
U	M	R	O	P	H	Z	R	V	H	W	F	E	A	M
X	U	O	S	L	Z	J	Y	L	Y	O	R	X	E	N
L	T	C	C	E	I	A	A	B	H	R	L	M	Z	D
E	U	A	I	S	V	J	H	A	O	C	Q	R	M	B
R	A	L	D	Y	B	A	R	T	A	E	K	A	R	H
R	K	L	E	X	W	V	E	R	A	R	T	N	X	F
I	M	A	R	O	E	N	N	L	W	A	W	E	S	W
U	A	F	H	S	U	I	O	C	V	C	G	I	L	R
Q	L	U	T	C	V	S	W	B	Q	S	M	I	P	U
S	E	L	P	A	M	X	A	V	K	F	V	H	K	E
S	E	C	L	O	O	Q	O	A	L	F	R	B	E	N
G	C	O	R	N	S	T	A	L	K	S	Q	Y	T	T

autumn

fall

leaves

tree

apples

cornstalks

hayride

carnival

rake

acorn

scarecrow

squirrel

harvest

maple

cider

Illustrations: Carol Yoshizumi

Turn to page 48 for the answers.

Posters: Carefully cut along the dotted lines to remove your posters.

Pick me!

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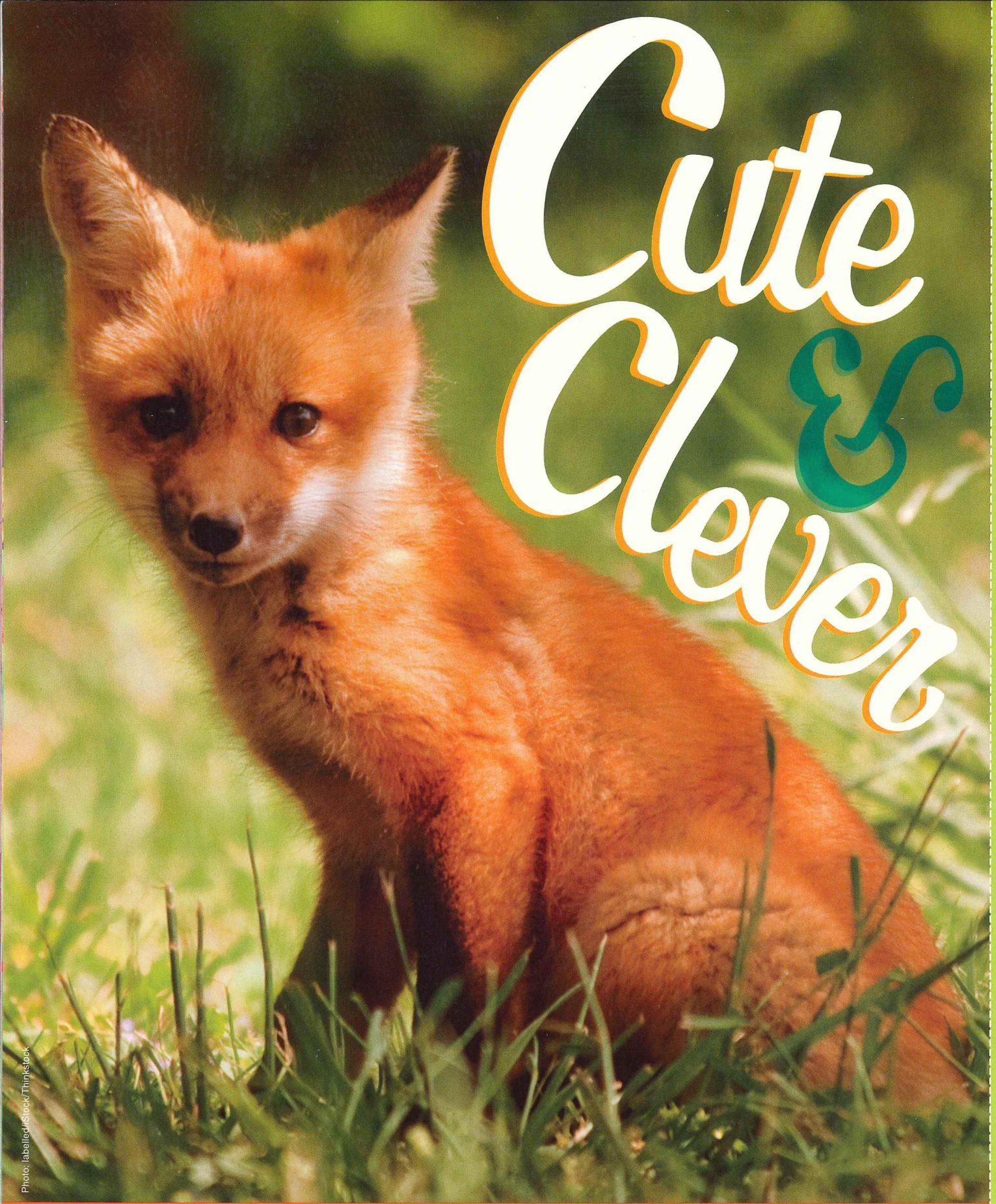

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HELP!

Dear *American Girl,*

My friend is constantly asking where I get my clothes. If I don't tell her, she'll check the tags! And then sometimes she'll buy what I have.

Bugged

As nice as it is to have your own style, nobody gets to "call" one type of clothing or place to shop. Try to take your friend's interest as a compliment—that's probably how she means it. If she asks where you got your clothes, list a few places you like to shop. But if she tries to grab your shirt to check the tags, it's OK to say, "Whoa! I don't like that."

Dear *American Girl,*

I've had long hair for forever. I might want a change, but I don't know. I'm not sure what people think about my hair.

Hair problem

You only need to care about what *you* think about your hair. You're the only one who wears it, right? If you're really ready for a change, find pictures of people whose hairstyles you like and who—important!—seem to have the same type of hair as you. Protect yourself from shock by not changing too drastically at once. If you like the change, you can always have more cut off next time.

★

Dear *American Girl,*

My personality is competitive. So I always race to finish tests and things, but sometimes that makes me miss questions. Help.

going so fast

It's wise to realize that racing to finish schoolwork isn't actually winning you anything. To change your ways, you can either make yourself slow down and not make the mistakes in the first place, or take time to carefully check over each question on a test before you hand it in. Use that great competitive spirit to challenge yourself to do your best work—not your fastest.

★

Dear *American Girl,*

Sisters Day is a tradition my sis and I started, with cards and everything. But now she's older and says Sisters Day is annoying.

doesn't like change

The truth is, as girls grow up, some want to leave old activities behind. But that doesn't mean you and your sister have to drift apart. How about simply updating your tradition? Pick a calm moment and say, "Can we talk? I know Sisters Day is annoying you, but it means a lot to me. Can we find a way to make it more fun?" Then come up with a new tradition that you'll both enjoy.

★

Illustrations: Laura Cornell

MORE HELP!

Dear *American Girl,*

My parents don't give me the freedom I can handle. I want to choose my own books to read, do things for myself (like my laundry), and have a bigger allowance. My brother is barely older than I am, and my parents treat him like he's a teenager and me like I'm a baby. WHY?

Not Trusted

The best way to let parents know that you're ready for more freedom is to show them over and over how mature you are. That means doing chores without being asked—pet care, homework, housework, and so on. (What *won't* work is telling your parents that they're acting like you're a baby!) Your parents may not ever treat you and your brother the same way—after all, one of you *is* older. But in time, they should notice that you're not a little kid anymore. Talk to them calmly about what you'd like to do, and ask what they need in order to decide that you're ready. Then listen carefully to their answer. Good luck.

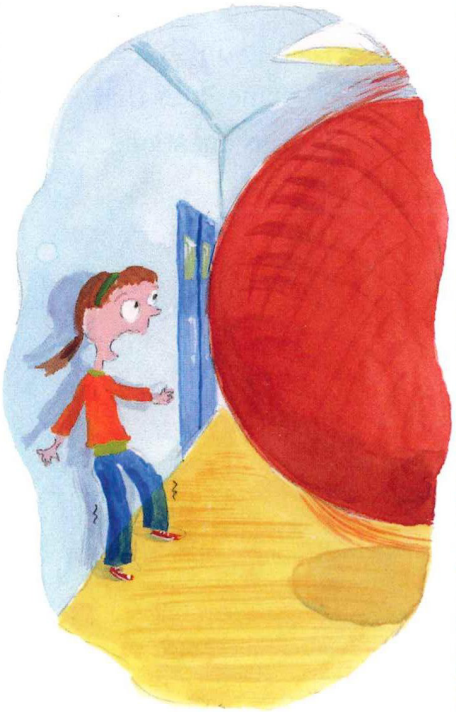
★

Dear *American Girl,*

I am very scared of the ball in every sport I play. No matter what I do, I know that the ball will hit me and it will hurt like crazy. How do I pass gym class?

Scared

Wanting to protect yourself from pain is very normal! But it can make gym class a challenge. Working on skills can help with your fears. Talk to your gym teacher about how you're feeling, and ask for advice. Also, ask a parent (or sibling) to play catch with you with a tennis ball. Throw softly back and forth, bare-handed, and just get used to the ball coming at you. You can start throwing harder or for longer distances only if you're comfortable. Doing this over time should help boost your confidence.



★

Dear *American Girl,*

There's a new girl in my grade from France. I want to welcome her, and so I asked if she wanted to play with me and my friends. She didn't answer. What if she doesn't understand English?

Help

Talk to your teacher, who will know if this girl speaks English and if there's anything special you can do to be her friend. But this girl also might just be shy or nervous—after all, moving to a new country is not easy! Be patient, and keep being kind. Most any girl would be happy to have a nice person like you for a friend, so keep giving her chances.

★

even MORE HELP!

Dear *American Girl,*

This year, I got the only teacher I didn't want at school. Even worse, my best friend is in a different class! How can I survive this teacher??

Back-to-School Issues

Succeed with a teacher by figuring out what actions are most important to that teacher (such as raising your hand) and then doing them. That might not sound fun, but it's a good skill. If you can figure out what matters to someone, you can relate to her more easily and figure out good ways to communicate. As for your friend, make plans to see her at recess or outside of school. Your friendship can remain strong, even if you're not in class together.

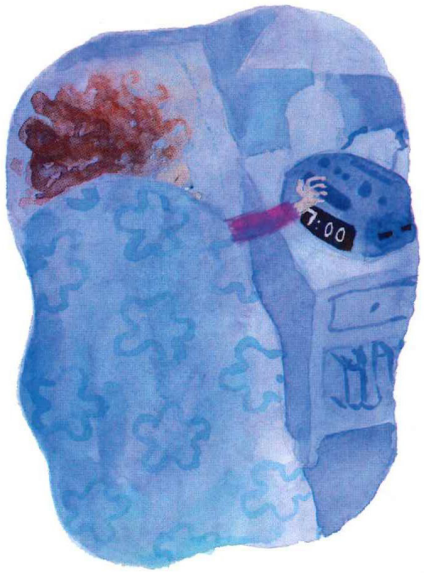
★

Dear *American Girl,*

I always turn off my alarm in the morning but end up sleeping for another 30 minutes, which makes me late for school!

Sleepy Girl

It's normal for girls to be slow to wake up. Start by moving your alarm clock away from your bed so that



you have to get up to turn it off—that way, you'll be less likely to go back to sleep. You've also got to make sure you're getting enough sleep and that it's restful. (Ask a parent for help with that.) And try taking a few sips of water the moment you open your eyes in the morning—that should help wake up your body and get you going.

★

Dear *American Girl,*

I hang out with a lot of friends at recess. One of my friends is like a human light switch—one day she's nice, and the next day she ignores us, even though we did nothing to deserve that. She gets mad at the littlest things! Should we ditch this friend or not?

What should I do?

Is this girl having a hard time with something? Point out her behavior kindly. When she's upset, say gently, "Is this really what you're mad about?" or "It seems like you might need some alone time." That might help her to see what she's doing. If she does continue to ignore your group or get mad, it's OK to talk to her more directly or let her know that it's not OK to treat you that way.

★

Advice from You

"Are you having troubles with school? Not getting classwork done? Or getting bad grades on tests? The best thing to do is to tell your parents, teacher, or school counselor. They can figure out what help you need—the sooner, the better."

Chloe C.
Age 13, Kansas

Need advice? Got advice? Write:

Help!
***American Girl* magazine**
8400 Fairway Place
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Téa F., age 11, of Pennsylvania created this group costume as a tribute to *American Girl*. We find it AGreeable!

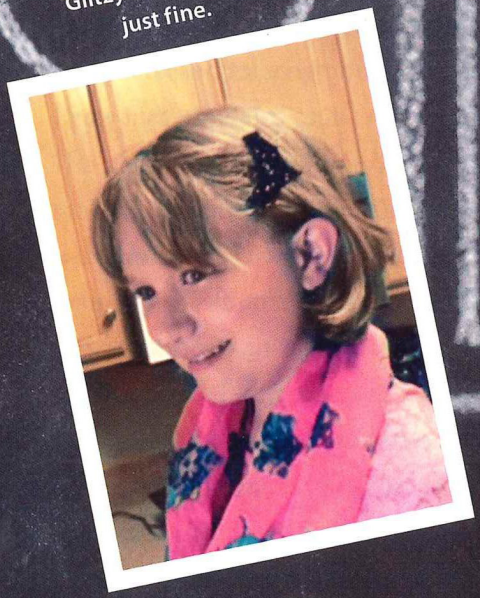
More costumes designed by girls like you can be found at americangirl.com/playmagazine

Here's the bark, before it was cut up for our photo shoot! Try a bark activity at americangirl.com/playmagazine

Behind the Scenes

There's no erasing the fun we had making this issue of the magazine!

Ten-year-old Katie W., a member of our testing panel, made sure that our directions for Glitzy Bats worked just fine.



AG's Puzzle Page Answers:

B	N	J	M	R	J	K	E	S	I	Q	C	A	A	J
P	Z	K	R	A	D	Z	D	U	T	T	N	B	L	U
K	N	N	L	P	H	L	I	J	P	B	R	G	O	Q
U	M	R	O	P	H	Z	R	V	H	W	F	E	A	M
X	U	O	S	L	Z	J	Y	L	Y	O	R	X	E	N
L	T	C	C	E	I	A	A	B	H	R	L	M	Z	D
E	U	A	I	S	V	J	H	A	O	C	Q	R	M	B
R	A	L	D	Y	B	A	R	T	A	E	K	A	R	H
R	K	L	E	X	W	V	E	R	A	R	T	N	X	F
I	M	A	R	O	E	N	N	L	W	A	W	E	S	W
U	A	F	H	S	U	I	O	C	V	C	G	I	L	R
Q	L	U	T	C	V	S	W	B	Q	S	M	I	P	U
S	E	L	P	A	M	X	A	V	K	F	V	H	K	E
S	E	C	L	O	O	Q	O	A	L	F	R	B	E	N
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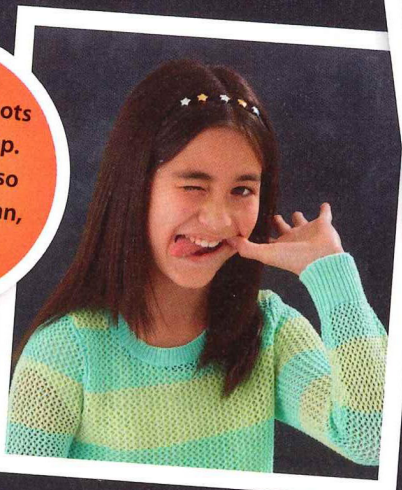

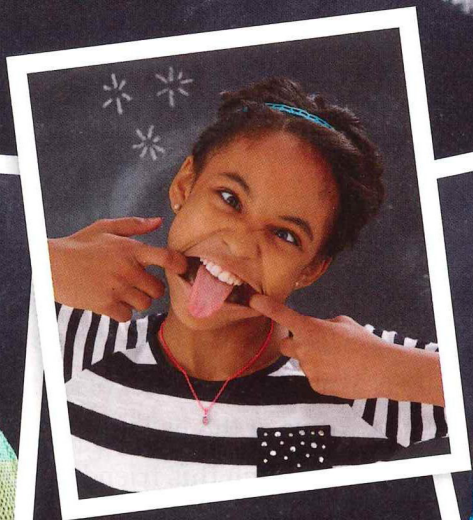

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